

Parent and Me Virtual Classes

Wednesdays - Spanish

Thursday- English

Starting February 1st

Time: 6:00pm-8:00pm

Parents and Toddlers 1-3 years



In the program, parents will learn how to:

help their toddlers feel loved and secure, encourage their toddler's language, social and emotional development, establish clear and predictable routines, handle separations and reunions and use positive discipline to manage misbehavior. The parenting group format fosters peer support and shared learning.

Register At: SOC Family Resource Center

22481 Aspan St Suite B, Lake Forest, CA

Contact: 949-951-2415

Rebecca.Cervantes@stjoe.org



South Orange County
Family Resource Center



Funding Statement:

Programs and services at the CHEC Family Resource Centers are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Promoting Safe and Stable Families, the County of Orange as well as volunteer, in-kind support and private donations. FaCT is a program administered by the County of Orange Social Services Agency, in partnership with the FaCT FAS partner, Charitable Ventures

Clases Para Padres y Yo Virtual

Miércoles - Español

Jueves- Ingles

A partir del 1 de Febrero

Hora: 6:00pm-8:00pm

Padres y niños pequeños de 1 a 3 años



En el programa, los padres aprenderán cómo:

ayudar a sus niños pequeños a sentirse amados y seguros, fomentar el lenguaje, el desarrollo social y emocional de sus niños pequeños, establecer rutinas claras y predecibles, manejar las separaciones y los reencuentros y usar la disciplina positiva para controlar el mal comportamiento. El formato de grupo de crianza fomenta el apoyo entre pares y el aprendizaje compartido.

Regístrese en: Centro de recursos familiares de SOC

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