



Parent and Me Classes  
Located at:

### Early Childhood Center

24242 La Cresta Drive  
Dana Point, CA 92629  
949-234-5505



Capistrano Unified School District  
Student Support Services  
33122 Valle Road  
San Juan Capistrano, CA 92675  
(949) 234-9270

Revised 2023

## Capistrano Unified School District

### EARLY START



**Home and School-Based  
Early Intervention Program  
For Children  
Birth to 36 Months  
Who have a Solely Low  
Incidence Disability**

## Purpose

Our Early Start Program is designed for children birth to three. The Birth to 3 Program is a federally mandated Early Intervention program (Part C of the Individuals with Disabilities Education Act- IDEA) to support families of children with solely low incidence disabilities, including Deaf and Hard of Hearing, Orthopedic Impairment and Vision Impairment.

## Program

The Capistrano Unified School District offers an Early Start Program for children who reside within the district. The Early Start Program is to enhance the development of the infant and toddler while supporting his or her family, and includes, but is not limited to:

- Home visits-0-36 months
- Parent Support Group
- Parent and Me class at 18-36 months.

This two hour class meets once per week at the CUSD Early Childhood Center which mainly focuses on:

- Social/Emotional Play Skills
- Gross and Fine Motor Skills
- Language Enriched Activities through music, art and snack
- Sensory Integration through play
- Parent Networking and Support

## Referrals from Newborn Hearing Screening from the State of California

### *Deaf and Hard of Hearing*

- Individual Family Service Plan is developed to determine services and unique needs of the family and child.
- Developmental Assessment completed by multidisciplinary team not limited to, Deaf and Hard of Hearing Teacher, School Psychologist, and Speech and Language Therapist team between 12-14 months old.

### Referral Pediatrician/Direct Parent Referral

#### *Orthopedic Impairment and Vision Impaired*

- Child will be assessed in all developmental domains by Early Childhood Special Education Teacher and School Psychologist.
- Individual Family Service Plan is developed to determine services and unique needs of the family and child.

## Services

Once the IFSP has been developed, the Early Start Team, including the parents, will determine appropriate services that may include but are not limited to:

- Home Visits
- Parent Support group
- Audiological Services
- Speech and Language sessions begin at 18-22 months
- Physical Therapy
- Vision Hearing Screenings
- Parent and Me class (which start at 18-36 months)

In addition, our Early Start Program begins to assess and work with parents as the child turns 2.9 years of age to begin the transition from Early Start to an Educational Program, if needed. If eligible, an Initial Individual Education Plan (IEP) will be developed for Special Education services at age 3 years.

