



CAPISTRANO UNIFIED SCHOOL DISTRICT

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Dear Parent or Guardian of a Grade 5 Student,

This January, Capistrano Unified School District will be asking students in grades 5, 7, 9 and 11 to participate in a student health and well-being survey sponsored by the California Department of Education. This very important survey helps promote better youth health and well-being, improves the school learning environment and better equips our schools to combat problems such as drug abuse and violence. We are also asking Parents/Guardians to complete a parent survey as well as an opportunity to share your opinions about your child's school experience.

The District will provide two parent presentations in a Zoom Meeting <https://tinyurl.com/589mubds> January 16 at 9:00am – 10:00am and January 17 at 5:00pm – 6:00pm. These presentations are for parents who desire more information about the survey and want to understand how the information is being used.

Survey Content: The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning; school safety; health-related concerns such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and risk of depression. To view the 2023-24 student surveys go to: <https://tinyurl.com/3y9ztkx5>

It is Voluntary: Your child is not required to take the survey. We hope you will give permission for your child to participate in the survey. Please complete the consent form below and return it to your school indicating whether you give permission or whether you do not give permission for your child to participate. Only if a confirmed yes consent form is returned will your child be given the survey. Your child will not be penalized or discriminated against in any way for not participating in the survey. Students who participate do not have to answer any questions they do not want to answer and may stop taking the survey at any time.

It is Anonymous: No names are recorded or attached to the survey forms or data.

Administration: The student survey will be administered between January 22 and February 15, 2024. It takes about 45 minutes to complete and will be administered during class time. To access the Parent Survey, on January 18, 2024, go to <https://www.capousd.org/parent-survey/index.html> and select your child's school. A follow up email will be sent to all parents with the Parent Survey link. The link will remain open until February 15 and should take about 20 minutes to complete. Paper copies of the surveys are available at your child's school.

For Further Information: The surveys were developed by WestEd, a public, non-profit educational institution. If you would like to preview the survey questions please visit our Capistrano Unified School District Website.

Please complete and return the form below to your student's teacher by January 19, 2024.

Survey Consent Form- Grade 5 (check yes or no)

Yes, I **give permission** for my 5th grade child to take the California Healthy Kids Survey.

No, I do not want my 5th grade child to take the California Healthy Kids Survey.

(Please Print)

My child's name is: _____ Grade: _____ ID: _____

Parent or Guardian Signature: _____ Teacher Name: _____

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